

FROM ME TO YOU

Kelli Ann McKim, General Manager/Owner



I can't believe we are half way through the month of May! Why is it that the older you get the faster time flies?! I have been away on sabbatical since January and have left the Club in the capable hands of my management team. It seems like a blink of an eye!

My first day back at work solidified for me what an incredible team I have. They manage with the best interests of our members and the Club at heart and, with integrity and professionalism. They have operated in the

most trying of times, without any complaints.

A huge round of applause, standing ovation and virtual hugs for Karen Depew, Devin Madsen, Jeff Hipfner, Meghan Newberry and Catherine Ardiles.

They have risen to the occasion and left this owner feeling very proud of these humans.

FITNESS NOTES

Catherine Ardiles, Fitness Director



We raised over \$12,000 for the Medicine Unit to purchase supports that will help patients cope better while on isolation and in the hospital. This was our 4th annual **Spinathon**, and even though it looks very different with 2 heats of 14 people instead of 27 people, members came, instructors delivered amazing workouts, everyone raised money, and it was a very successful event. Territorial Beverages provided the participants with beverages and donated a fantastic prize, along with Juniper Health, Copperhouse Eatery, For Women Only,

Vixen Hair Den, Shoppers Drug Mart, The City of Yellowknife, and Adam Dental Clinic. Everyone working together to achieve a common goal, and future patients who need the supports will get what they need.

We chose to stick with a virtual race for our next event, our annual 5k, 10k, or 1/2 marathon is just around the corner scheduled for June 5th. The race can be completed any time before this date, and its based on the honor system. You register, pick up your medal, AND you are eligible for draw prizes, which includes various items from Territorial Beverages, 2 gift bags from Stella and Dot, and 2 private fitness classes valued at \$250 each! Head over to our website for the registration link, or YK Multisport to register. The medals are made from responsibly harvested wood designed by Ruth and Chris MacNaughton, who make ornaments and other items to raise money that help with the costs of therapy for their

MAY EVENTS

MAY 25 - 30 NWT SQUASH TERRITORIAL CHAMPIONSHIPS

Don't miss out in playing our only squash tournament this year! Have fun competing, enjoy some food and get your name into our draws for some amazing prizes! Sign up online at: <https://clubblocker.com/tournaments/12457/info>



daughter Mikaela who is a quadriplegic. We love the medals this family has made us in the past and are happy to continue to support Mikaela. When you register for the race, there is also an option to donate additional funds which will go directly to the family. Look for a sneak peek of the medals on our social media platforms!

There have been some challenges this month, members and instructors have had to isolate, and some have loved ones who are COVID-19 positive. It's as important as ever to be supportive of each other and as someone wise once told me- it doesn't matter who you are, what your job is, or how much money you make - but everyone has the power to be kind. Let's continue to be kind :-)

Stay safe, as always, if you have questions or comments, please email me at catherine@ykracquetclub.com.

SQUASH NOTES



Jeff Hipfner, Squash Pro/Media Manager



Last year, we were unable to hold the **NWT Squash Territorial Championships** (or **Year End** as it often called), and after a year of no tournaments at all, we are so grateful that this year we are full steam ahead! We are only a couple weeks away from the start (May 25 to 30) so make sure to sign up as soon as you can! **The deadline for registration is May 20th**. The cost of registration is only \$75+GST for adults and \$55+GST for juniors and university students. There will be food on Thursday, Friday and Saturday as well as some amazing

draw prizes for all participants! Prizes include a Nintendo Switch Lite (Juniors only), Theragun Mini by Therabody, Apple Watch Series 3- Space Gray 38mm, Nespresso Vertuo Coffee & Espresso Machine, Gastown Gold Detail Package, Copperhouse Dinner for 2 (\$150.00 Gift Card), Soda Stream, Grocery Store \$100.00 Gift Card and a Google Home Mini. You can only win if you participate so don't miss out.

You can sign up online at: <https://clublocker.com/tournaments/12457/info>. If you do not have an account, you can create one at <https://canada.clublocker.com/>. If you have any questions at all or need help signing up, do not hesitate to contact me: jeff@ykracquetclub.com.

It's going to be a great tournament! See you on court!

Jeff

EMPLOYEE OF THE MONTH

Nicole Garbutt is a dedicated RC supporter that works hard in classes, lifts heavy weights and gets sweaty on the squash courts. It's not uncommon to see Nicole in the Racquet Club at least 2 times in one day. She's also a very dedicated staff member who is extremely reliable and delivers above and beyond customer service.

Nicole has been working here for many years and you can always see her with a smile and ready to help. In the morning when members are dragging their feet up the stairs, we need someone with a bright personality and cheery attitude to lift them up and Nicole is one of the best at it. She's very easy to talk to whether that's asking a Racquet Club question or just having a chat while drinking a coffee. She's a great team player that picks up shifts and brings concerns to our attention.

Nicole is a hard worker and we cannot thank her enough for the dedication she puts into the Racquet Club.

NWT SQUASH ASSOCIATION AND THE RACQUET CLUB PRESENT

THE DENESOLINE CORPORATION

NWT SQUASH TERRITORIAL CHAMPIONSHIPS

TUESDAY MAY 25 TO SUNDAY MAY 30, 2021



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tournaments/12457/info](https://clublocker.com/tournaments/12457/info)



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Staycation this year?

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Please email catherine@ykracquetclub.com for booking information.

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